

Total Male (Veg)TM Nutritional Support for Male Health: Hormone Balance, Male Potency & Sexual Desire, Prostate, & Testes

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30 million men in the U.S. suffer occasional impotence. Although most are over 40, younger men also can have problems. Over the age of 60, 1/3 of all men are affected. Over 85% of all cases are believed to have physical causes. Anxiety, impaired blood flow to erectile tissue, impaired nerve functions, hormone imbalance, high blood pressure, diabetes, vasectomy, alcohol, smoking, and many medications can interfere with potency.

Prostate enlargement affects 10 million men, half over the age of 50 and 75% over the age of 70. Prostate enlargement stems from hormone changes in aging, the decline of testosterone production and the increase of estradiol and prolactin. This imbalance promotes prostate enlargement.

Poor diet high in animal fats and refined sugar, age-related decline in digestive health and poor absorption of nutrients are believed to be primary causes of declines in male health.

Maca promotes fertility and sexual desire and helps balance reproductive hormones.

American Ginseng strengthens endocrine glands and fertility; it has been prized as an aphrodisiac. *Caution:* Should not be used by people with uncontrolled high blood pressure

Quercetin protects against blocking of the arteries, which can restrict blood flow to the penis.

Siberian Ginseng helps increase blood flow, raise sexual potency, and rebuild energy.

Damiana improves blood flow to the genitals, balances hormones, and enhances sexual desire.

Flaxseed is high in essential fatty acids necessary for a healthy prostate.

Chlorella is a rich nutritive tonic that accelerates tissue building and repair.

Pepsin enhances protein digestion, acts as an anti-inflammatory, and helps counteract food allergies.

Lipase enhances the digestion of fats.

Amylase enhances the digestion of carbohydrates.

Vitamin A protects the immune system and the outer layers of glands and tissues.

Vitamin C is a major constituent of the genitals and helps preserve blood flow to the penis.

Vitamin E helps increase circulation necessary for erection to take place.

Niacin helps produce sex hormones, improves circulation, and helps prevent muscular weakness.

Folic Acid promotes energy production, repair, and helps with depression and anxiety.

B-12 promotes proper digestion, absorption of nutrients, and helps maintain fertility.

B-1 helps digestion, and enhances circulation, which is necessary for normal erections.

B-2 deficiency can result in poor digestion.

B-6 promotes good circulation and proper absorption of protein and fats.

Chrysin promotes healthy testosterone levels and healthy sexual, physical, and mental health in males.

Horny Goat Weed enhances sexual desire and potency; helps strengthen testes and prostate.

Tribulus Terrestris enhances erection abilities, sperm production, and self-confidence.

Muiru Puma enhances sexual desire, potency, and supports endocrine organ regeneration.

Avena Sativa reduces anxiety, and **Green Oats** may be the origin of "feeling one's oats": they promote increases in sexual vitality and energy. *Caution:* Not to be taken by those with gluten sensitivity.

Saw Palmetto promotes a healthy prostate, and helps reduce prostate enlargement and infection.

Pumpkin Seed promotes a healthy prostate and is successful in helping treat prostate disorders.

Pygeum Extract helps prevent and reduce prostate inflammation and enlargement.

Yohimbe helps increase blood flow for erection, increase libido, and stimulate hormones.

Caution: Yohimbe bark contains yohimbine, which in large doses can be responsible for cautions and contraindications against taking by people with hypertension, or combining with antidepressant, MAO inhibitor drugs. *However, the herb contains only 6% of yohimbine, and only small, synergistic amounts of the herb are used in this formula.* Yohimbe should not be taken by women, especially pregnant or lactating women

Selenium helps reduce prostate enlargement and promotes blood flow to genitals. **Zinc** nourishes the prostate and testes; promotes circulation, potency, fertility, and helps prevent prostate cancer.

Magnesium promotes blood flow to the penis. **Malate** promotes energy production. **Boron** helps raise testosterone levels, and higher vitamin D levels.

*References for all statements are available from Nutri-West, please call toll free 1-800-443-3333

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